



2018 Hangover Regatta & Titanic Series

January 1, January 20, February 17, March 17

Sailing Instructions

Organizing Authority:
DAINGERFIELD ISLAND SAILING CLUB

1. Rules

The regatta will be governed by the Racing Rules of Sailing, 2017-2020, Conflict between Rules, is modified by, "*If there is a conflict between the Event Sailing Instructions and the Notice of Race, the Event Sailing Instructions shall apply.*" Event Sailing Instructions and Notice(s) of Change will be posted on www.discsailing.org, this modifies RRS 63.7.

2. Entries

2.1 All entries must have a valid 2018 PHRF of the Chesapeake rating certificate or proof of a submitted rating application to PHRF of the Chesapeake. Each boat must be owned by a member in good standing of DISC. The boat owner is not required to be onboard or to helm. A captain of a club-owned boat (e.g., SCOW, PSC, etc) must be an active DISC member and must register the boat in DISC races.

By participating and entering DISC races and regattas, the boat owner/skipper agrees to abide by the Racing Rules of Sailing (RRS) 2017-2020, the Daingerfield Island Sailing Club (DISC) Notices of Race, PHRF of the Chesapeake, and the DISC Sailing Instructions.

2.2 All entries should have a valid 2018 PHRF of the Chesapeake rating or proof of a submitted rating application to PHRF of the Chesapeake. All participants must qualify for a US Near-shore (5P & 6P) PHRF rating, and in addition, must meet the following:

- a. Motor - must meet the requirement for 4P in Section 2.7.2 of the US Safety Equipment Requirements as adopted by PHRF of the Chesapeake

- b. Navigation lights – must meet the requirement for 4P in Section 3.3.1 of the US Safety Equipment Requirements as adopted by PHRF of the Chesapeake

Lifelines, if the boat was originally equipped with them. For those boats that do not have lifelines, all crew must wear approved Type III or Type V Personal Flotation Devices while racing.

2.3 The owner/skipper of each boat entered shall be responsible for the actions of his/her crew and guests. In the event of a serious breach of conduct, sportsmanship, destruction of property, or failure to comply with a request from any regatta official, the boat or competitor may be subject to expulsion from the regatta.

4. Notices To Competitors

4.1 Notices to competitors will be posted at the DISC website (www.discsailing.org) and/or sent to club members through the DISC email distribution list for all club members.

4.2 Changes to these instructions will be posted at the DISC website (www.discsailing.org) and/or sent to club members through the DISC email distribution list for all club members. The Race Committee may change these instructions up until the end of the Skipper's Meeting and will notify all participants attending the Skipper's Meeting of any changes. Failure to receive, understand, or the content of the instructions will not be considered as grounds for redress. This modifies RRS 62.1.

5. Signals Made Ashore

5.1 Any information DISC or the Race Committee needs to communicate to race participants will be announced at the Skipper's Meeting.

6. Severe Weather

6.1 This is a fair weather event. Severe weather may force cancellation of racing for the day. The Race Committee will make an announcement regarding such cancellation at the Skipper's Meeting. If the Race Committee and DISC officials determine it is necessary to cancel the race prior to the day of racing because of a very high likelihood of unsafe sailing conditions during the race, notification will be made on the DISC website (www.discsailing.org) and/or sent to club members through the DISC email distribution list for all club members.

7. Schedule Of Races

7.1 For all days there will be one (1) race on the Middle Course.

7.2 The scheduled time for the Warning Signal for all races is at approximately 12:10pm.

7.3 The schedule for each racing day is as follows:

Skipper's Meeting	11:00 a.m.
Rendezvous	12:00 p.m.
5 Minute Warning	12:10 p.m.
Start	12:15 p.m.

8. Fleets And Order Of Starts

8.1 There will be one (1) Fleet, Non-Spinnaker. There will not be splits within the fleet. There will be one (1) start for all boats.

8.2 Whisker and Spinnaker poles are allowed provided they are attached to the mast (no free-handing) and within the limits defined by PHRF of the Chesapeake under the Standard Sail and Equipment Specification in section 16(a) which states: The maximum length of a spinnaker pole (whisker pole) that may be used without penalty shall be equal to the J.

9. Racing Area

9.1 The racing area will be on the Potomac River, between Washington, D.C. and the Woodrow Wilson Bridge.

10. Courses

10.1 The standard Middle Courses will be used and are shown in Appendix A.

10.2 All boats will sail the same course. The course to be sailed will be announced by the Race Committee on VHF channel 69 several times shortly after the 1200 rendezvous time. All radio communications will be a courtesy, failure to receive, understand, or the content of the message will not be considered as grounds for redress. This modifies RRS 62.1.

11. Marks

11.1 The standard Middle Course marks will be used and can be located in Appendix A.

12. Boat Check-In

12.1 Not required.

13. The Start

13.1 Races will be started using RRS 26, except as modified in Instruction 13.2

13.2 There will be no stationary Race Committee. The Race Committee will be a competitor designated by DISC officers who will start the race from their boat. An Attention Signal consisting of a series of short horn blasts will be made approximately one (1) minute before the Warning Signal for the race. This is not a timed signal. There will be no flags used at any time, all signals will be made via VHF channel 69 and/or horn blasts. failure to receive, or understand the signals, will not be considered as grounds for redress. This modifies RRS 62.1.

13.3 The starting line will be between channel marker "R6" and the no wake buoy directly West of "R6" near the boat house docks on the Virginia shore. In the event the no wake buoy is absent, the pilings on the crew boat dock at the North end will replace the no wake buoy.

14. Collision With Race Committee Boat

14.1 No penalty in effect, no standing Race Committee.

15. Recalls

15.1 The Race Committee will attempt to notify boats who are OCS via hail on VHF Channel 69.

15.2 Failure of this transmission to be made or received, promptness of the notification, or the position of a boat in the notification sequence shall not be grounds for granting redress. This changes RRS 62.1 (a).

15.3 General Recalls will be signaled over VHF channel 69.

16. Course Change After Start

16.1 The Race Committee may shorten the course at their discretion provided no boats have finished. The Race Committee boat shall indicate a shortening of the course by announcing the shortening of course on VHF channel 69. At such time the course is shortened by the hail from the Race Committee over VHF radio, the new finish line of the shortened course shall be the original start finish line extended to both the Maryland and Virginia shore. Failure of this transmission to be received, promptness of the notification, shall not be grounds for granting redress. This changes RRS 62.1 (a).

16.2 All finishing boats shall record their own times as they cross the finish line of the shortened course. Email finish times to officers@discsailing.org.

17. Alternative Penalties

17.1 RRS 44.1 is modified by:

“A boat that may have broken a rule of Part 2 while racing may
(a) Immediately take a Two-Turns Penalty (as per RRS 44.1), OR
(b) After racing, but before the start of a protest hearing involving the incident, take a 40% Scoring Penalty (as calculated in Instruction 17.2 below).
However, if the boat caused injury or serious damage or gained a significant advantage by her breach, her penalty shall be to retire.

17.2 RRS 44.3 (c) is modified by:

“A boat’s penalty score shall be the whole number of boats (rounding 0.5 upward) nearest to 40% of the number of boats entered, except that the score shall not be worse than DNF. The scores of other boats shall not be changed, so two boats may receive the same score.

18. The Finish

18.1 The finish line will be between channel marker “R6” and the no wake buoy directly West of “R6” near the boat house docks on the Virginia shore. These are the same marks used for the start line.

18.2 All boats are responsible for recording their own times and announcing their finish on VHF Channel 69.

18.3 All finishing boats shall record their own times as they cross the finish line. Email finish times to officers@discsailing.org by 1800 on the day of the race.

19. Calling Boats In

19.1 There is one (1) race and all boats will be recording their own finish times and announcing their finish on VHF Channel 69, there is no need to call boats in.

20. Time Limit

20.1 If no boat finishes within three (3) hours of the start, the race shall be abandoned. A boat finishing within the time limit for this race makes the race valid for all boats in this race. Boats can be scored TLE after the three hour time limit, or continue racing. Notification of TLE with the time, or finish time will be recorded by each boat and sent to officers@discsailing.org.

21. Retiring

Any boat retiring from a race shall promptly notify the Race Committee, either by hail or radio transmission on VHF channel 69. Such attempt at notification shall continue until acknowledged by the Race Committee.

22. Scoring

22.1 Each race will be scored individually using the Low Point Scoring System of Appendix A.

23. Protests

23.1 A boat intending to protest another boat for an incident in the racing area shall so notify the Race Committee immediately upon finishing or retiring if available. This notification must include the name and/or sail number of the boat being protested and should be acknowledge by the Race Committee. This modifies RRS 61.1(a)

23.2 To accommodate the lack of a standing Race Committee for this race, a written protest must be delivered as an email attachment to the Protest Committee chair at officers@discsailing.org by 1800. The Protest Committee chair will then schedule a hearing and send notification of that hearing.

24. Radios

24.1 The Race Committee will use the radio as frequently as possible in an attempt to make up for the lack of visual signals (flags).

24.2 All radio communications will be a courtesy, failure to receive, understand, or the content of the message will not be considered as grounds for redress. This modifies RRS 62.1..

25. Commercial Traffic

25.1 A boat shall not exercise right of way over, cross in close proximity to, or interfere with reasonable transit of the race area by military vessels or commercial vessels that are unable to respond readily. Any boat protested under this rule shall have the burden of proving that she did not interfere with the military or commercial vessel. Boats must take evasive action well in advance of any potentially dangerous situation.

25.2 If a boat without way in a ship channel infringes RRS 42.1 by using her engine to clear the channel, she may continue racing but, at the finish line, must inform the Race

Committee (if available) of the incident and, if required at a subsequent hearing, must satisfy the Protest Committee that she gained no advantage as a result of using her engine. Detailed information of the incident must be included with the boats finish time.

26. Improper Disposal of Waste

Boats observed discharging solid waste over the side will be subject to protest. The penalty may be less severe than DSQ.

27. Awards

Bragging Rights

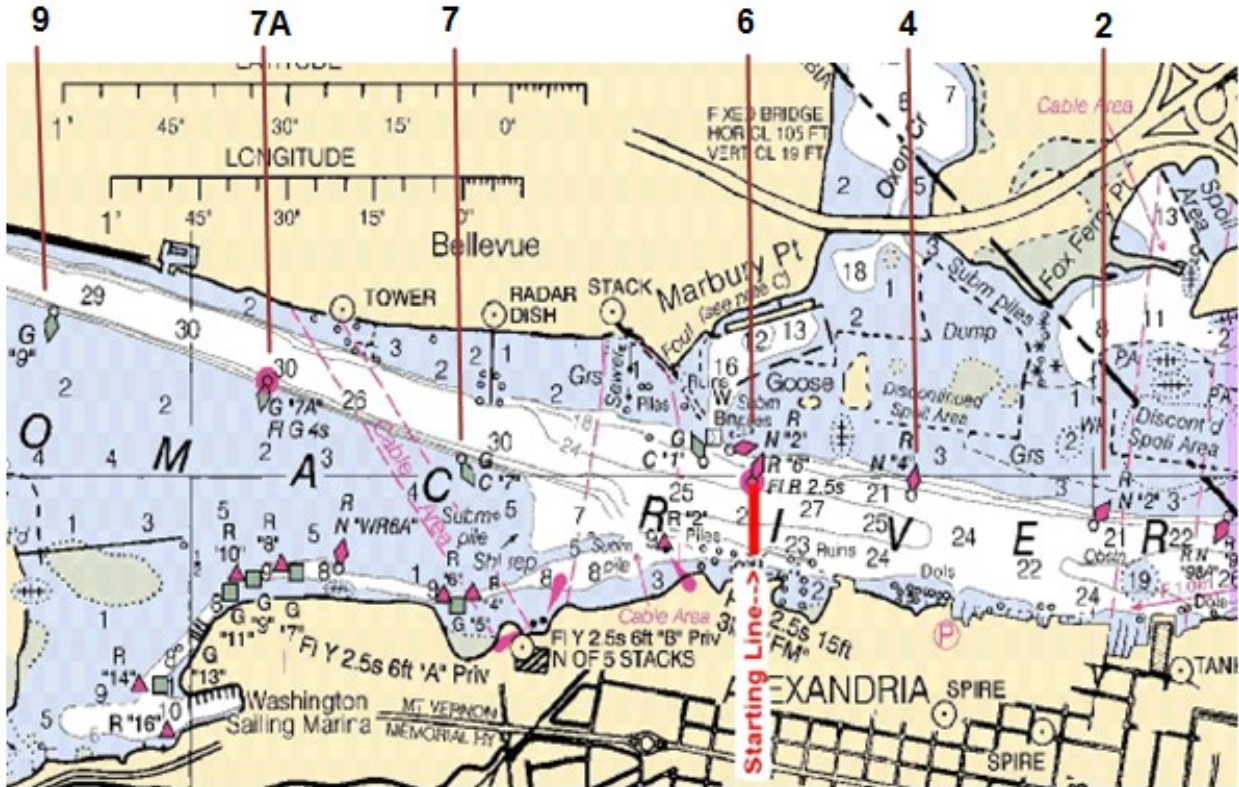
28. All crew members shall wear Personal Flotation Devices (PFDs). Should the Race Committee or Standing Race Committee observe a crew member without a PFD, except for the removal or addition of clothing, the yacht will be disqualified from the race without a hearing. This modifies RRS 22.1, 40. DISC encourages all competitors to wear PFD's at all times. Safety is ultimately each skipper and crews responsibility.

29. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Appendix A

Middle Course Map & Middle Courses



Middle Course		Start line between R6 and No Wake Buoy	
Course	Length	Course	Course
Southbound Start		Northbound Start	
A	S-4-F	0.72	RB S-7-F
2A	S-4-6-4-F	1.44	RD S-7-4-F
C	S-2-F	1.54	RE S-7A-F
D	S-4-7-F	2	2RB S-7-6-7-F
F	S-2-7-F	2.82	RF S-7-2-F
G	S-4-7A-F	2.92	RG S-7A-4-F
2C	S-2-6-2-F	3.08	RK S-9-F
H	S-2-7A-F	3.74	RH S-7A-2-F
I	S-4-9-F	3.9	RI S-9-4-F
2D	S-4-7-4-7-F	4	2RD S-7-4-7-4-F
J	S-2-9-F	4.42	2RE S-7A-6-7A-F
2F	S-2-7-2-7-F	5.64	RJ S-9-2-F
2G	S-4-7A-4-7A-F	5.84	2RF S-7-2-7-2-F
2H	S-2-7A-2-7A-F	7.48	2RG S-7A-4-7A-4-F
2I	S-4-9-4-9-F	7.8	2RK S-9-6-9-F
2J	S-2-9-2-9-F	9.44	2RH S-7A-2-7A-2-F
			2RI S-9-4-9-4-F
			2RJ S-9-2-9-2-F